



If you drink **ONE 20oz SODA A DAY**, you need to walk 21 miles a week to burn off the calories.

**THAT IS LIKE WALKING FROM COLUMBIA MALL TO FELLS POINT IN BALTIMORE.**

There are better choices.  
Choose something other than sugary drinks.  
[www.HoCoUnsweetened.org](http://www.HoCoUnsweetened.org)

HOWARD COUNTY.  
*Unsweetened.*<sup>TM</sup>

Life is better here